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PRECOGNITION IN DREAMS

By Dr. Levan Gvelesiani

PART TWO



ABOUT 50% OF MY DREAMS ARE MORE OR LESS PRECOGNITIVE. THE REST ARE BASED ON MY IMPRESSIONS OR WISHES. DREAMS RELATED TO THE PAST ARISE WHEN MY REASON WANTS TO BRING AN ORDER TO MY IMPRESSIONS, ARRANGE THEM, AND ONE MORE TIME 'CHECK THE INCOMING MAIL' RECEIVED OVER THE DAY. SOMETIMES OUR 'PROCESSOR' WORKS WITH NEW 'FILES'; THEY FLOW IN FRONT OF OUR SIGHT AND WE SEE THEM IN OUR DREAMS.

It could be a dream completed with different fragments linked by an associative line. Wish-dreams are well described in psychology, though, conclusions which are done on their basis, are in most cases incorrect. In such dreams a mountain can associate with female breasts, a boot with sexual desire, the lift with promotion in career and so forth. I see sometimes the execution or a failure of my desire. In these cases it's difficult to make difference between a wish-dream and a precognitive one. Despite of a long-term operational experience with dreams I sometime make error and take the desirable as just expected. It is necessary here to be very cautious.

There is one more important limit of philosophical nature. For many years I was convinced that receiving prophetic dreams were in some sense predicting the future, and I am powerless to change anything, and that what I see comes true and there is no way to avoid it.

As a whole, because I see prophetic dreams, I live more restlessly, and often blame this ability in me. It is better I would live a quiet life, without these dreams. They excite and disturb. Besides, they force me to think of the Universe.

One more limit refers to the scope of events. I see dreams only about the events which concern me, my family, and my friends and relatives. Very seldom are dreams about important political and social events, which somehow reach me or my family. I see frequently dreams pointing on absolutely trifling, insignificant events. I don't see precognitive dreams regarding important events like death of a very close person. About my disease and illness of relatives – yes, about the death of my mother and father – no. The early morning dreams come true earlier as the deep night dreams. Over the night I see usually more than one dream. Dreams which prolong are very rare.

The frequency of precognitive dreams depends on psychical state. I see most precognitive dreams when I am scared, angry or irritated. When times are still, the number of precognitive dreams decreases. Neither food, nor the mode of wakefulness influences the frequency and intensity of prophetic dreams. Almost for years I held the orthodox fasting. In the fasting time I not only refuse to eat meat or animal products, but also don't smoke and don't drink alcohol. This kind of preservation should purify the body and stimulate the mind. All religious doctrines beginning from the ancient Tantric teaching up to Islam confirm that abstention, prayer (*meditation*) and fasting enforce precognitive abilities. Sometimes after drinking alcohol, dreams happen to be more precise and clear than in a sobriety.

I have to also to admit that in all these cases of prophetic dreaming, I have impression that do not 'look' into the future, but a certain force from the outside shows me selectively, at own discretion, pictures from tomorrow. I can try and strain myself, but I cannot control this process. My fortune is only to observe these and to learn how to decipher correctly the signals received in a dream.

TYOLOGY

Regarding its character, my prophetic dreams could be divided in three different types. This separation is a result of the long-term observations and describes only my situation. Other people can possess totally other systems. As a whole, it would be very interesting for me to learn if my system is suitable for other peoples dreams.

My precognitive dreams are of these types:

1. **DIRECT DREAMS.** In a direct dream I see an event directly which occurs afterwards on the same or in the next two or three days. Usually this kind of dream appears directly before the event. Approximately 80% of direct dreams come true just the next day or on the day after. I see in my dream the episode which will occur, the same places, the same things, and the same people. Occasionally there could be some differences, instead of Peter I see Paul, but the essence of vision is adequate.

2. **SENSUAL DREAMS.** In this kind of dream the plot is different than the reality. Here I dream not of an event, but I catch the feelings and emotions which will overwhelm me next day or later. If I have a nightmare, I know that next day something will happen that will scare me. If I have a nice dream and feel good about it, I should expect some event within the next few days that causes me to have the same feeling. Usually the intensity and the essence of the feeling in the dream concur with the feeling in reality. These dreams come true usually after one or two days.

3. **ALLEGORIC DREAMS.** These dreams are full of symbols. I already know approximately the meaning of many of the symbols. If, for example, I see myself driving a car or sitting next to the driver, I am sure that a project or deal I work on will fail, I will 'drive away' from it. If I see apples in my dream, I will be soon invited to a wedding party.



If I see faeces in my dreams, I have to wait for unexpected money. Over the years I collected a bunch of symbols which I have learned to understand. The majority of these symbols are individual but there are also some which coincide with symbols of the widespread dream books. Allegoric dreams can come true soon or much later, some months after the dream. Sometimes they appoint the events very next days, sometimes the event is located in a distant future.

Of course I didn't mention here a number of dreams which are not precognitive and I see them after receiving intensive impressions.

I also exclude calculated predictions, when my consciousness, like a computer, considers about future on basis of the past data and advises me what will happen.

The most frequent kind of dream is a mixed one, where all three types come together, and I cannot assign it to the one of them. and so on.

I would like to tell you more about dreams, which I call sensual. They are just most difficult to transcript and explain. I need for this purpose an explanation scheme. I am sure you have at home an album of your photographs. When you sometimes look into it and view this or that picture, particular feelings arise in your

mind. Here: just born, on a cotton blanket, with naive baby smile, the date on the backside. Feeling: tenderness. There: with mum near the seaside boulevard. You are five; the mom is still young and beautiful. Feeling: sadness. One more picture: with friends after graduation. Sensation of regret regarding past years. Here: with your brother. Long ago. Shame: why don't you ring him up. Every picture holds a memory and every memory has its own feeling. Each photograph is the key to particular feeling. Most of these feelings have no names in human language. Words like 'tenderness', 'joy', 'despair', 'sorrow' and so on only approximately describe what we really



“I AM SURE THAT PRECOGNITION IS REALITY, AND THIS IS THE CAUSE ENOUGH TO STUDY AND RESEARCH IT TO BUILD UP A NEW PICTURE OF THE UNIVERSE ”